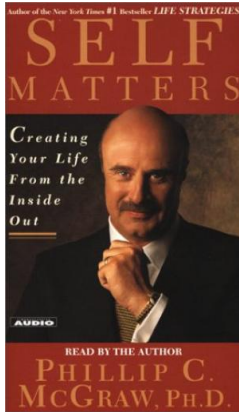


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# SELF MATTERS: CREATING YOUR LIFE FROM THE INSIDE OUT



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